

# **BEST PRACTICES IN THE INSTITUTIONAL WEB SITE**

## **Best Practice: 1**

### **Title of practice**

Four wings of sports- volleyball, basketball, athletics, and handball.

### **Title of practice**

There are 4 wings of sports such as volleyball, basketball, athletics, and handball.

### **Objectives of the practice**

1. To promote college students to achieve peak level performance in different types of competitions.
2. To promote college students to participate in different type of sports activities.

### **The context**

1. To develop the game of sportsman
2. To promote and motivate the students towards the sports.

### **The practice**

Free diet and hostel are provided to sportsman, sports kit and sports equipment are provided to the sportsman free of cost.

### **Evidence of success**

1. SCD Govt. College Ludhiana is getting medals from last 5 years in inter-college level competition of basketball and volleyball.
2. Many players have participated in 'KHELO INDIA', all India university level, national level and senior state level tournament.
3. Many players of different sports have participated in 'KHELO INDIA' competition:

<b>Sr no.</b>	<b>Sportsman/team name</b>	<b>Game /sport/event</b>	<b>Tournament year 2021/2022</b>	<b>position</b>
1.	Gurkomal singh	800m (athletics)	1. Inter college & 2. u-23 state tournament	1 <sup>st</sup> position 1 <sup>st</sup> position
2.	Harpal singh maan	Triple jump	1. Inter college & 2. u-20 national federation cup	1 <sup>st</sup> position 3 <sup>rd</sup> position
3.	Harpal singh maan	Long jump	Inter college	1 <sup>st</sup> position
4.	Mukul dham	3000m steeple chase	u-23 open senior state	2 <sup>nd</sup> position
5.	Aryan sainsi & rajvir singh	4x400 relay	U 20 open state	3 <sup>rd</sup> position

6.	Basketball team	Basketball	Inter college	1 <sup>st</sup> position
7.	Basketball 7 players	Basketball	Senior state basketball championship	1 <sup>st</sup> position
8.	Kawar gurbaj singh	Basketball	3bl professional basketball league	2 <sup>nd</sup> position
9.	Navkarman singh, kawar gurbaj singh , mohitpreet singh, arvinder singh and manjot singh	Basketball	All india university	3 <sup>rd</sup> position
10.	10 handball players	Handball	50 <sup>th</sup> handball senior state	3 <sup>rd</sup> position
11.	Anmol kanujeya	Taekwando 58kg	Inter college	2 <sup>nd</sup> position
12.	Ashok kumar	Taekwando 68kg	Inter college	3 <sup>rd</sup> position
13.	Harkaran singh	Karate	Inter college	3 <sup>rd</sup> position
14.	Chess team	Chess	Inter college	2 <sup>nd</sup> position
15.	Volleyball team	Volleyball	Inter college	2 <sup>nd</sup> position
16.	Rajanpreet , Deepak Sharma, samar Sharma, haranmol & dheeraj patia	Volleyball	North zone inter university	3 <sup>rd</sup> position
17.	Sanjeed singh	Wrestling	Inter college	2 <sup>nd</sup> position
18.	Surinder singh	Wrestling	Inter college	3 <sup>rd</sup> position
19.	Chetan	Weight lifting	Inter college	2 <sup>nd</sup> position
20.	Karanvir singh	Weight lifting	Inter college	3 <sup>rd</sup> position
21.	Nehal wadhara	Cricket	Ranji trophy	---
22.	Bhuvan gupta	cycling	Inter college	3 <sup>rd</sup> position

Sr no.	Sportsman/team name	Game /sport/event	Tournament year 2017/2018	position
1.	Basketball team	Basketball	Inter college	1 <sup>st</sup> position
2.	Handball team	Handball	Inter college	1 <sup>st</sup> position
3.	Mandeep singh	Handball	All india inter university	2 <sup>nd</sup> position
4.	Navtez singh	400m athletics	Inter college	3 <sup>rd</sup> position
5.	Gurdas singh	Long jump	1. Inter college 2. State tournamet	2 <sup>nd</sup> postion 1 <sup>st</sup> position
6.	Kho kho team	Kho kho	Inter college	3 <sup>rd</sup> position
7.	Gurpartap singh	shooting	North zone inter university	2 <sup>nd</sup> postion

### Problem encountered and resources required

The biggest challenge in sports is recovery from injury, sportsman got injury while practice very

often and they often needed physiotherapy. Our faculty members of Physical Education Department help them to recover from injury.

### **Notes (optional)**

We have standard sand track of athletics. We need synthetic athletic track for the betterment of athletes.

## **Best Practice: 2**

**1. Title of the practice:** Teachers use ICT enabled tools for effective teaching-learning process

**2. Objectives of the practice:** Educational systems worldwide have been affected by the Covid-19 pandemic, leading to the near total closures of schools, and colleges.

**3. The context:** Most governments around the world have temporarily closed educational institutions in order to restrain the spread of Covid-19. This requires all elements of education to adapt and to continue the teaching learning process.

**4. The Practice:** The Indian Government assigns the distance learning system using online learning. This is effective solution to activate classroom even though school have been closed to reduce the spread of covid-19. Many platforms of digital sources have been implemented by school, one of them is using Google Classroom. This research aims to get review of using Google Classroom during this pandemic. This study was library research that describes the phenomenon of using Google Classroom.

**5. Evidence of Success:** The result of the research finding proves that it is effective to use this platform. It is one way to be considered by the schools and teachers to provide students by e learning that can be attracted for the students, while the process of teacher learning move to virtual classes.

**6. Problems Encountered and Resources Required:** Teaching using ICT tools - Such as

- Subject PPT are prepared by subject faculty and senior professors in the department
- PPT prepared by outside experts
- Audio and video lectures prepared by our college faculty members.
- Audio and video lectures available through VTU, NPTEL.
- Advanced digital notepads